

Mark J. Tager, MD



About Dr Mark

Dr. Tager is known for the synergistic and entertaining approach he takes to educating and training his colleagues and consumers. He has trained hundreds of healthcare practitioners to improve their in-person and on camera skills. Clinically, he is most passionate about complementary treatment for chronic conditions, with personalized nutrition as one of the foundations for integrative care. He has served as the founding Vice President of Marketing for Reliant Technologies, where he launched the Fraxel® laser and has also served as Chief Marketing Officer for Syneron. Along with Dr. Peter Staats, he co-founded The Vagus Nerve Society. Most recently, Dr. Tager created the 40-hour CME course on Personalized Nutrition for Practitioners on behalf of The American Nutrition Association. He is on the faculty of Duke Integrative Medicine. His most recent book is *Feed Your Skin Right: Your Personalized Nutrition Plan for Radiant Beauty*. The book serves as the basic content for a 10-hr online professional training program called Inside Skin Beauty. He did his medical training at Duke Medical School and Family Practice at the University of Oregon. He lives outside San Diego where he grows impressive tomatoes.